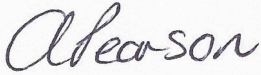


Ringwood Diving Club Procedure		
Free Try-outs	Approval Date:	
	Review Date:	
	Version No:	2017.1
Operations Manager:	Sign: 	Name: Avril Nel Pearson

Free Try-outs

Free trial classes are offered during the term as a one-off option to new divers in our Learn to Dive sessions prior to any classes being attended. Once a class or clinic has been attended, no free try-out is offered. Registration is required for insurance purposes.

To enrol in a free try-out, follow the instructions found on our website: [Click here](#).

Enrolling in a free trial class secures your place for the trial class and we will hold your place for 5 days after the class. To confirm your ongoing enrolment and secure your place please contact our Operations Manager, Avril at admin@ringwooddivingclub.com.au.

Please sign up for your free trial class via the Parent Portal or contact our Operations Manager, Avril at admin@ringwooddivingclub.com.au if you have any trouble.

A free assessment is offered to existing divers from other programs and accomplished athletes from other sports who are interested in joining our squad programs. Please contact our senior coach, Jorgen at jorgen@ringwooddivingclub.com.au directly to arrange as online sign-up is not available.

What to bring:

- Bathers
- Towel
- Water bottle
- Shorts and t-shirt for dryland work
- Healthy snack for afterwards

NO chewing gum or dangling jewellery. Hair should be pulled neatly and securely away from the face so that it stays up for the entire workout. Girls should not wear bows or other hair ornaments that may cause discomfort during activity or may be lost in the pool. All students should have activity-appropriate footwear for dryland sessions. Personal items should be left in lockers. Jewellery should not be worn during classes. This facility's staff will not be responsible for ANY items that may be lost or stolen. Be sure your personal items are marked with your name.